



Your EGD is scheduled for: _____

Your procedure is scheduled at the Northwest Michigan Surgery Center, we will call two business days prior to your test with the arrival time.

Please arrive at Munson Medical Center Registration by: _____

EGD (esophagogastroduodenoscopy) is a visual examination of the lining of the esophagus, stomach, and duodenum; performed with a small flexible lighted scope.

After checking in with registration, you will be taken to the medical procedure room. There, a nurse will explain this procedure to you. Please inform the nurse if you have any known medication allergies. You will be asked to sign a consent form.

The nurse will then spray your mouth with a local numbing medication which will provide anesthesia to the back of your throat. Medication is given during the test for comfort and relaxation. The examination takes approximately 20 minutes. After completion of the EGD, you will be asked to remain in the outpatient procedure room until most of the effects of the medication wear off, generally 30 – 60 minutes. Discharge instructions will be given to you by the nursing staff.

We require that you bring a family member or close friend with you as a driver. The medications given may affect your judgment, and you may be sleepy for the remainder of the day. You should not drive, ride a bicycle, or operate power machinery the remainder of the day following the procedure.

PREPARATION FOR EGD: To prepare yourself for the EGD, consume no solid food from midnight the night before your appointment; however it is acceptable to consume.

CLEAR NON-RED LIQUIDS ONLY up until four hours before your appointment.

If you have any questions or concerns regarding this preparation, please call and discuss with one of our nurses. Office hours are Monday through Friday, 8:00 a.m. to 5:00 p.m.