



## Medications: (Read this whole section)

- You may take your pills with sips of water up to three hours before your test.
- Do not take iron pills for three days before your test.
- You may take arthritic anti-inflammatory pain pills up to three days before your test. Then stop taking them. Some pills in this group are: Motrin, Ibuprofen, Daypro, Indocin, Voltaren, Advil, Nuprin, Naproxen, Aleve, Feldene, Celebrex, Naprosyn, Relafen, Lodine, Ketoprofen, and Arthrotec.
- Acetaminophen (i.e. Tylenol) is acceptable up until three hours prior to your exam.

## Aspirin, Coumadin and other Blood Thinners

- If you take aspirin or pills that have aspirin in them, (Excedrin, Ecotrin, Bufferin, Alka-Seltzer, etc.) and you take them for pain, arthritis, or put yourself on them, STOP TAKING THEM SEVEN DAYS BEFORE YOUR TEST.
- If your doctor put you on aspirin because you have had strokes, blood clots, or heart problems ask him/her when to stop taking it.
- If you take Coumadin (Warfarin), Ticlid, Plavix, Heparin, Aggrenox, Lovenox, or Persantine please ask the doctor who prescribed this medication for you when you should stop taking it.
- If you take Coumadin (Warfarin), or Plavix, you must see us in the office or speak with someone from our office at least seven days prior to your procedure.

## Diabetics:

- Do not take your insulin if your test is before noon. Bring it with you.
- If your test is after noon, take one-half of your usual dose of long-acting insulin (NPH, Lente, Semi Lente). If you take 70/30 insulin take 1/3 of your normal dose.
- Do not take any regular or short-acting insulin.
- If you take pills for your diabetes, do not take them on the day of your test. Bring them with you.
- We would rather your sugar was running a little high than low.

If you have any questions or concerns regarding the preparation, please call and discuss them with our nurse. Office hours are Monday-Friday, 8:00a.m. to 5:00p.m. If you experience extreme pain or vomiting, please call the office immediately. Contact the Gastroenterologist at Munson Medical Center (231) 935-5000 if you experience these difficulties after hours.

*Revised 2/16/05 – KC*