



Moviprep Colonoscopy Prep Instructions

- Your Colonoscopy is scheduled for: _____
- Your procedure is scheduled at the *Northwest Michigan Surgery Center*, we will call two business days prior to your test with your arrival time.
- Please arrive at Munson Medical Center Registration by: _____

Colonoscopy

This procedure is a direct examination of the colon through a flexible lighted scope, which is inserted through the rectum. For the examination, you will lie on your left side for the passage of the scope. A lubricating jelly will be placed in the rectum to decrease discomfort. An intravenous catheter will be placed in one of your arms to administer sedative medications. Please advise the nurse if you are allergic to any medications.

The examination should take approximately 30-45 minutes. You should plan to remain in the outpatient treatment area until the medication effects have mostly worn off. After the examination there is generally a temporary feeling of fullness in the colon, and air is expelled through the rectum.

We require that you bring a driver. You should not drive or operate power machinery the day of the colonoscopy, as the medications may affect your judgment.

Listed below are the things you need to do to evacuate your colon prior to the test. Be sure to read the instructions. Obtain a prescription for the prep solution from your doctor.

Drink Only Clear Liquids The Day Prior To Your Exam. But, if your procedure is scheduled after 1:00pm you may have a light breakfast the day before your exam. Then begin a clear liquid diet.

In the morning, on the day before the exam, add lukewarm water to the tip of the line on the **MOVIPREP** bottle. Add the first packets A and B. shake to dissolve the powder. Place this first dose in the refrigerator. (The colder the solution the better it tastes.)

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First Dose

Step 1: Starting at 6:00pm. Begin to drink the first dose (*packet A and B, water*) of the **MOVIPREP** solution.

Step 2: Drink 1 (8 oz) glass every 15 minutes (about 4 glasses) until all of the contents have been consumed. Rapid drinking is preferred. It will take approximately 1 hour to drink the solution. When finished with Step 2, mix the next dose of **MOVIPREP** and place in refrigerator.

Step 3: Drink an additional 2, (8oz) glasses of clear fluids of your choice.

Second Dose

Step 1: 5 hours prior to leaving home for your procedure, Begin to drink the next dose (packet A and B, water) of **MOVIPREP** solution.

Step 2: Drink 1 (8oz) glass every 15 minutes (about 4 glasses) until all of the contents have been consumed. Rapid drinking is preferred. It will take approximately 1 hour to drink the solution.

During the prep, it is very important to keep hydrated. Make sure you drink plenty of clear liquids.