



4100 Park Forest Drive, Suite 208, Traverse City, MI 49684

Telephone: (231) 935-5710 x4 Fax: (231) 935-9045 Web: <https://www.dha-nm.com>

### **APPOINTMENT DETAILS**

<b>DATE:</b>	Your EGD is scheduled for _____. You can expect to be at the facility for 2.5 – 3 hours.
<b>ARRIVAL AT COPPER RIDGE SURGERY CENTER:</b>	You will be contacted two days before your procedure (after 4pm) with your arrival time. You will receive this reminder in the form of an email, text message, and automated phone call- in that order, until confirmed. If you do not receive your arrival time, please call the office (231-935-5710 x4) the day before your scheduled appointment time to verify this information. Present to the desk on the main floor of the Copper Ridge Surgery Center.
<b>ARRIVAL AT MUNSON MEDICAL CENTER:</b>	Please arrive one hour prior to your scheduled surgery time. Please report to the Munson Medical Center's Registration Desk.
<b>PRESCRIPTION:</b>	Your prescription has been electronically sent to your pharmacy.
<b>PLEASE BRING:</b>	<p>On the day of your procedure:</p> <ul style="list-style-type: none"> <li>✓ A driver over the age of 18 who will remain in the building during your procedure</li> <li>✓ Completed Medication and Allergy List</li> <li>✓ Insurance Cards</li> <li>✓ Photo ID</li> <li>✓ A copy of your COVID vaccination card or COVID testing MAY be required</li> </ul>
<b>PRE-REGISTRATION:</b>	If you have provided us with an email address, you will be sent a pre-registration email before your visit. If you do not complete the pre-registration email online, please complete the paperwork provided in this packet and bring it with you. There will be a separate registration process when you check in with the facility.
<b>EGD:</b>	<p>This procedure is a visual examination of the lining of the esophagus, stomach, and duodenum; performed with a small flexible lighted scope. Intravenous sedation will be continued to keep your comfortable.</p> <p><b><u>You should not drive or operate power machinery the day of your procedures, as the medications may affect your judgment.</u></b></p>



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## **EGD (Esophagogastroduodenoscopy) PREP INSTRUCTIONS**

Consume no solid food from midnight the night before your appointment; however it is acceptable to consume CLEAR NON-RED LIQUIDS ONLY (see below) up until 4 hours before your appointment.

### **CLEAR LIQUIDS**

- |  |  |
|--|--|
| ✓ Water or Flavored Water  | ✓ Popsicles (No Red or Purple)                         |
| ✓ Tea (No Red or Purple Colors)  | ✓ Jello (No Red or Purple)                             |
| ✓ Carbonated Beverages such as Sprite, 7up, Gingerale (Avoid Red, Purple, or Dark Sodas) | ✓ Gatorades (No Red, Purple, or Blue Colors)           |
| ✓ Fruit Flavored Drinks (No Red or Purple)   | ✓ Ensure "Clear"- must be see through                  |
| ✓ Weak Coffee (No creamer)   | ✓ Clear Hard Candy (No Red or Purple)                  |
| ✓ Strained Fruit Juices (No Red or Purple)   | ✓ Honey  |
| ✓ Apple Juice  | ✓ Syrup  |
| ✓ White Grape Juice  | ✓ Sugar  |
| ✓ White Cranberry Juice  | ✓ Clear Broth( Chicken, Vegetable, or Beef)            |
| ✓ Powdered Lemonade  | ✓ Bouillon Cubes                                       |
|  | ✓ Protein shakes that are "Clear"- must be see through |

### **Medications**

- You may take your pills with sips of water up to three hours before your test. If you take blood pressure medications be sure to take them before your procedure.

### **Blood Thinners**

- If you take Coumadin (warfarin), Xarelto (rivaroxaban), Eliquis (apixaban), Pradaxa (dabigatran), Lovenox (enoxaparin), Plavix (clopidogrel), Effient (prasugrel, Brilinta (ticagrelor), Aggrenox (aspirin-dipyrdomole), Savaysa (edoxaban), or Heparin, please follow the instructions given to you by DHA's Medical Assistants.

### **Diabetics**

- Do not take your insulin if your test is before noon. Bring it with you.
- If you test is after noon, take one-half of your usual dose of long-acting insulin (NPH, Lente, Semi Lente). If you take 70/30 insulin take 1/3 of your normal dose.
- Do not take any regular or short-acting insulin.
- If you take pills for your diabetes, do not take them on the day of your test. Bring them with you.
- We would rather your sugar was running a little high than low.
- If you use an insulin pump please contact your primary care doctor for instructions.

If you have any questions or concerns regarding the preparation, please call and discuss them with our nurse. If you experience pain or vomiting, please call the office immediately. Call the Digestive Health Associates Gastroenterologist on call at 231-360-2884 if you experience these difficulties after hours.



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### NOTICE OF PRIVACY POLICIES

I understand Digestive Health Associates of Northern Michigan, P.C.'s notice of privacy practices are available upon request and are also posted on the bulletin board in the waiting room of their office.

### NO SHOW POLICY

We understand that situations arise in which you must cancel your appointment. It is therefore requested that if you must cancel your appointment you provide adequate notice. This will enable another person who is waiting for an appointment to be scheduled in that appointment slot. With cancelations made less than 24-48 hours notice, we are unable to offer that appointment slot to other people.

- Patients who fail to show for their scheduled office appointment or do not notify the office within 24 hours of their scheduled appointment time, shall be subject to a "No Show" penalty of \$50.00. In the event of an actual emergency and prior notice could not be given, consideration will be given - and an exception may be granted.
- Patients who fail to show for their scheduled procedure appointment or do not notify the office within 48 hours of their scheduled appointment time shall be subject to a "No Show" penalty of \$150.

We understand that special unavoidable circumstances may cause you to cancel within this time frame. Fees in this instance may be waived but only with management approval.

### OWNERSHIP

Copper Ridge Surgery Center, LLC is a joint venture between a group of Traverse City physicians and Munson Medical Center to improve patient access to outpatient procedures in our community. The group of physicians owns the land and building which is leased to the joint venture – Copper Ridge Surgery Center.

For the purpose of complete financial disclosure, we would like to inform you that Dr.'s **Rex Antinozzi, Robert Barnes, Mark Galan, Jeffrey Goldman, Monty Hegewald, and Glen Henbest** have ownership interests in the surgery center. As such, the fee for use of the facility will go to the joint venture.

All physicians on staff at Copper Ridge Surgery Center are also on staff at other facilities in the area. You have the right to request that the procedure be performed at another facility. If you have questions regarding this issue, feel free to discuss it with your physicians.

By signing below, I acknowledge that I have read and understand to all of the above and wish to proceed with my scheduled surgery at Copper Ridge Surgery Center.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date of Birth





# COVID-19 Patient Instructions

To protect patients and staff and to comply with current CDC recommendations, Copper Ridge Surgery Center (CRSC) is screening our patients and visitors for COVID-19 symptoms upon entry to the facility.

Upon arrival, you will be requested to wear a new mask, provided to you by us. You will be asked to sanitize your hands and asked a series of questions about COVID-19.

- Have you had a fever?
- Shortness of breath?
- Cough and sore throat?
- Muscle or body aches?
- New loss of taste or smell?
- Congestion or runny nose?
- Nausea, vomiting, or diarrhea?
- Have you tested positive for COVID-19?
- Have you been exposed to anyone positive in the last 14 days?

It is very important that, if you develop any of the above symptoms prior to your procedure, do NOT come to your appointment until you have contacted your physician for directions.

Depending on your scheduled procedure, you may be required to complete a covid test prior to your appointment. We will contact you by telephone the day before your procedure to review this protocol with you.

## VISITORS

We request that you only bring one visitor with you who is healthy and not exhibiting the above symptoms. Your visitor/family member/driver will be asked to wait in the vehicle while your procedure is being performed and will be allowed to see you in recovery if they have been through the Covid-19 screening process and are issued a visitor pass.



Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Effective Date: 4/24/2015

# Medication and Allergy List

**PLEASE COMPLETE AND BRING THIS WITH YOU ON THE DATE OF YOUR PROCEDURE**

Have you been allergy tested?  Yes  No      Are you allergic to:  Latex  Iodine  Eggs  
 Metals (including jewelry)? If yes, what type: \_\_\_\_\_

Medication Allergy	What happens?

Please list your current medications below, including vitamins, herbal medications and meds prescribed but not taken.

TAKING BLOOD THINNERS (ex: Aspirin, Plavix, Coumadin, and Pradaxa)?  Yes  No  
If yes, time of last dose: \_\_\_\_\_

Medication Name	Dose (eg: 2 mg)	How often?	When Last Dose Taken?

(If space needed for additional medications, please list on reverse)

Medications reviewed at admission: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Nurse Signature